



*The Power of Words:
Storytelling, Leadership, and Social Change*
A Workshop with Heather Forest

Storytelling is an ancient art form and a powerful way to communicate ideas. Stories are easier to remember than a list of disconnected facts.

By engaging a listener's imagination, stories garner attention, energize the heart, inspire empathy, and can motivate listeners to action. This workshop explores the concept of the storyteller as leader and offers ways to identify, shape, and share the poignant stories that carry your most important messages.

About the workshop leader

Heather Forest is a modern-day bard. Her storytelling performances are a fusion of poetry, prose, original melody, and the sung and spoken word. Featured in major storytelling festivals nationally and abroad, Heather Forest brings elegance, wit, and the poet's touch to folktales, epics and wisdom tales from the treasury of world folklore. A pioneer in the American storytelling revival, she has been featured ten times at the National Storytelling Festival and is a recipient of the Circle of Excellence Award presented by the National Storytelling Network. She holds a PhD in Leadership and Change from Antioch University.

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